

# Saskatchewan Aboriginal Indoor Track and Field Championships

## Schedule of Events

**Saturday, April 1, 2023**

**NOTE:** 60m will be run at **HEAT TIME** if 8 or fewer athletes registered

TIME	TRACK EVENTS (running events)	FIELD EVENTS					
		High Jump Pit #1	High Jump Pit #2	Long Jump Pit #1 Beside Bleachers	Long Jump Pit #2 West infield	Long Jump Pit #3 east infield	Shot Put
9:00	Special O 60m combined M/F			U12 M#1	U18 Men	U12 M #2	U18/Op/Mas W
9:15	U14 Men 60m Heats (use Bibs)	U16 Men					
9:30	U14 Women 60m Heats (use Bibs)						
9:45							
10:00	U12 Women 60m Heats (use Bibs)						
10:30	U12 Men 60m Heats (use Bibs)		U12 W	U14 M #1	Spec O W/M	U14 Men #2	U14 Women
10:50	U16 Women 60m Heats (Bibs)						
11:05	U16 Men 60m Heats (Bibs)	U16 W			TRIPLE JUMP		
11:20	U18 Women 60m Heats				U16 Men		
11:35	U18 Men 60m Heats						Spec O W/M
11:48	Mast/Open Women 60m Heats						
12:10	Mast/Open Men 60m Heats						
	<b>Lunch Break</b>						
12:45	CELEBRITY 4x100 Relay						
1:30	U16 Women 1200m		U14 W			Mas/Op(M)	U12 Women
1:45	U16 Men 1200m				U16 Women		
2:00	Mas/Open / U18 Women 1500m			U16 Men			
2:15	Mas/Open / U18 Men 1500m & SO						
2:30	U12 Women 60m Final (Bibs)	U18/Mas/Op(M)			U18/Mas/Op(W)		
2:35	U12 Men 60m Final (Bibs)						
2:40	U14 Women 60m Final (Bibs)						U 12 Men
2:45	U14 Men 60m Final (Bibs)						
2:50	U16 Women 60m Final (Bibs)						
2:55	U16 Men 60m Final (Bibs)						
3:00	U18 Women 60m Final						
3:05	U18 Men 60m Final						
3:10	Open Women 60m Final						
3:15	Open Men 60m Final						
3:20	Masters Women 60m Final						
3:25	Masters Men 60m Final					U18/Mas/Op (W)	
3:35	U16 Women 300m Timed Final			U12 W	U18/Mas/Op (M)		U16 Men
3:45	U16 Men 300m Timed Final						
3:55	U18 Women 400m Timed Final						
4:05	U18 Men 400m Timed Final	U14 Men					
4:15	Mas/Open W 400m Timed Final						
4:25	Mas/Open Men 400m Timed Final						
4:45	U12 Women 150m Timed Final Bibs						U16 Women
5:05	U12 Men 150 Timed Final Bibs						
5:25	U14 Women 150m Timed Final bibs						
5:45	U14 Men 150m Timed Final Bibs						

# Saskatchewan Aboriginal Indoor Track and Field Championships

**Sunday April 2, 2023**

	Track events	Field Events					
		High Jump Pit #1	High Jump Pit #2	Long Jump Pit #1 Beside Bleachers	Long Jump Pit #2 West infield	Long Jump Pit #3 east infield	Shot Put
9:00am	Mas/Open Women 800m Timed Final					U16 W	U14 M
9:15am	Mas/Open Men 800m Timed Final	U18/Mas/Op(W)					
9:30am	U12 Women 800m Timed Final						
9:45am	U12 Men 800m Timed Final						
10:00am	U14 Women 800m Timed Final		U12 M				
10:15am	U14 Men 800m Timed Final				U14 W		U18 Men
10:30am	U16 Women 800m Timed Final						
10:45am	U16 Men 800 Timed Final						
11:00am	U18 Women 800m Timed Final						Mas/Open (M)
11:15am	U18 Men 800m Timed Final						
11:30am	U16 Women 200m Timed Final						
11:40am	U16 Men 200m Timed Final						
11:50am	U18 Women 200m Timed Final						
12:00pm	U18 Men 200m Timed Final						
12:10pm	S/O Both 200m						
12:20pm	Open Women 200m Timed Final						
12:30pm	Open Men 200m Timed Final						
12:40pm	Masters Women 200m Timed Final						
12:50pm	Masters Men 200m Timed Final						
1:00pm	Masters 3000m Men & Women						

## Coach reminder:

\*All 200m and longer events will be run as timed finals

\*60m heats with 8 or fewer runners will be run as a final the heat scheduled time